



UNIVERSITY OF NORTH BENGAL
B.Sc. Honours 6th Semester Examination, 2021

DSE3-PHYSIOLOGY

Full Marks: 40

ASSIGNMENT

The figures in the margin indicate full marks.

Attempt any two from the following

20×2 = 40

1. Discuss different energy generating system of muscle under aerobic and anaerobic condition. 20
2. Describe different cardiorespiratory changes during graded exercise. 10+10
3. Describe different training methods and the effect of training on aerobic power and aerobic capacity. 20
4. Briefly mention different types of ergogenic aid and describe the importances of ergonomics in health and well being. 20

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